



THE SKN REHAB PROGRAMME

THERAPIST'S REFERENCE GUIDE FOR CONTRAINDICATIONS TO THE SKN REHAB TREATMENTS

X indicates that particular treatment stage must not be carried out.

For other medical conditions not listed we always recommend to get written advice from the patients GP.

CONTRAINDICATIONS

	DERMA	ION +/-	OXY	LED	PRODUCT
Pregnancy	X	X	X	X	
Photo allergy				X	
Herpes	X	X	X	X	
Eczema/dermatitis/psoriasis	X	X	X	X	
Impetigo	X	X	X	X	
HIV	X	X	X	X	
Porphyria or other photosensitive conditions	X			X	
Contagious infection	X	X	X	X	
Neuralgia	X	X	X	X	
Hyper sensitive skin	X				X
Active rosacea	X	X	X	X	
Active acne	X	X	X	X	
Vascular lesions	X	X	X	X	
Fragile capillaries	X	X	X	X	
Skin cancer	X	X	X	X	
Hepatitis	X	X	X	X	
Lupus	X	X	X	X	
Medical odema	X				
Oral blood thinners	X				
Vitiligo	X				
Couperose skin	X				
Open lesions	X	X	X	X	
Epilepsy	X	X	X	X	
Thyroid problems	X			X	
Chemotherapy	X	X	X	X	
Facial metal implants	X	X	X	X	
Heart problems/pacemaker		X			

CONTRAINDICATIONS CONT.

	DERMA	ION +/-	OXY	LED	PRODUCT
Diabetes – insulin dependant	X	X	X	X	
Multiple sclerosis	X	X	X	X	
Radiotherapy	X	X	X	X	
UV Exposure	X			X	
Roaccutane use	6 months	6 months	6 months	6 months	SKN CLEAR

CONTRAINDICATIONS THAT REQUIRE DOCTORS CONSENT

	DERMA	ION +/-	OXY	LED	PRODUCT
Heart problems/pacemaker		X	X	X	
Diabetes - Diet controlled	X	X	X	X	

LOCALISED CONTRAINDICATIONS

	DERMA	ION +/-	OXY	LED	TIME
Keloid scars	X	X	X	X	Avoid
Scars	X	X	X	X	6 months
Skin graft	X	X	X	X	Avoid
Moles	X	X	X	X	Avoid
Warts	X	X	X	X	Avoid
Skin tags	X	X	X	X	Avoid
Skin lesions	X	X	X	X	Avoid
Facial surgery	X	X	X	X	6 months
Recent dental work		X		X	3 months

HAVE YOU USED ANY OF THE FOLLOWING RECENTLY?

	DERMA	ION +/-	OXY	LED	HOW LONG TO TREAT
Topical antibiotics	X			X	2 weeks
Retinol A Trentinoin	X	X	X	X	1 week
Acid products	X				2 weeks
Topical or oral corticosteroids	X	X	X	X	4 weeks
Products that make the skin sensitive to light				X	4 weeks
Aspirin	X			X	1 week

HAVE YOU HAD ANY OF THE FOLLOWING PROCEDURES RECENTLY?

	DERMA	ION +/-	OXY	LED	HOW LONG TO TREAT
Chemical peel – medically	X	X	X	X	4 weeks
Injectables/fillers	X	X	X	X	2 weeks
Laser or IPL treatment on the face	X	X	X	X	4 weeks
Microdermabrasion	X	X	X	X	2 weeks
Heat treatments	X			X	1 week
U.V exposure	X			X	1 week

HAVE YOU EVER HAD AN ALLERGIC REACTION TO ANY OF THE FOLLOWING?

	DERMA	ION +/-	OXY	LED	PRODUCT	PATCH TEST
Aspirin	X				SKN CLEAR	
Latex		X				
Cosmetics	X	X	X	X	X	Yes
Sunscreen	X				SKN FILTER	Yes
Nuts	X			X	SKN CLEANSE	